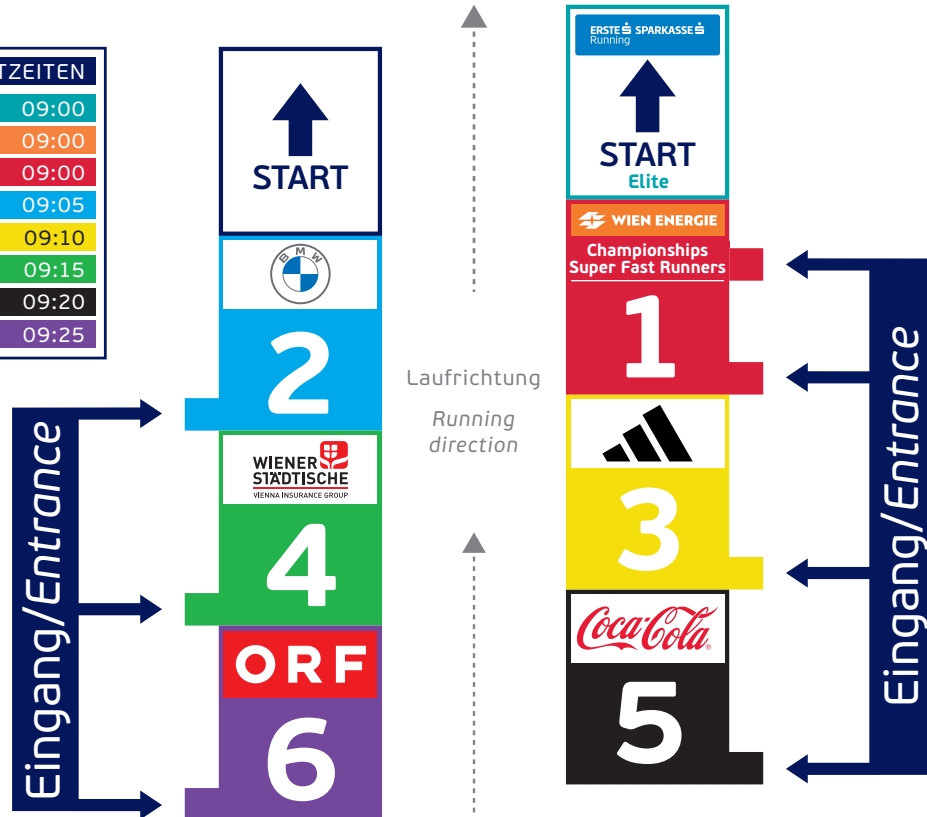


STARTBLÖCKE/STARTING BLOCKS

BLOCK STARTZEITEN	
Elite	09:00
Block CS/SFR	09:00
Block 1	09:00
Block 2	09:05
Block 3	09:10
Block 4	09:15
Block 5	09:20
Block 6	09:25



BESTZEIT/BEST TIME: VCM = Marathon | HM = Half Marathon | Staffel = Relay

Block CS/SFR:	VCM < 02:30		Wr. Städtische HM < 01:10
Block 1:	VCM 02:30–03:20		Wr. Städtische HM 01:10–01:40 Powerade Staffel < 01:10
Block 2:	VCM 03:20–03:40		Wr. Städtische HM 01:40–01:45 Powerade Staffel 01:10–01:30
Block 3:	VCM 03:40–03:55		Wr. Städtische HM 01:45–01:55 Powerade Staffel 01:30–01:40
Block 4:	VCM 03:55–04:00		Wr. Städtische HM 01:55–02:00 Powerade Staffel 01:40–01:50
Block 5:	VCM 04:00–04:40		Wr. Städtische HM 02:00–02:15 Powerade Staffel 01:50–02:00
Block 6:	VCM > 04:40*		Wr. Städtische HM > 02:15* Powerade Staffel > 02:00*

* inkl. Teilnehmer ohne Zielzeitangabe/incl. runners without a target time

Starten Sie nur aus jenem Startblock, der auf Ihrer Startnummer angegeben ist!
Please choose the correct starting area as indicated on your starting bib!



Abgabe der Garderobe bis spätestens 08:35 Uhr
 Clothes transportation until 08:35 a.m. at the latest