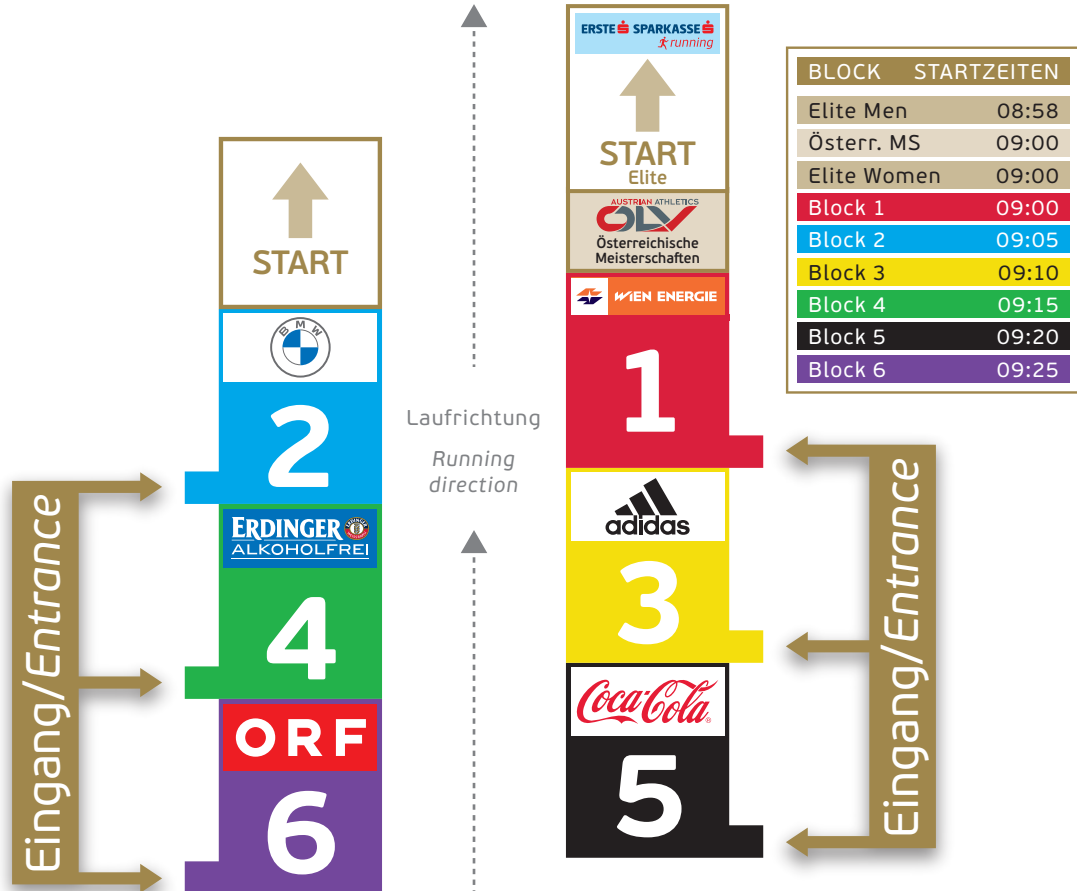


# STARTBLÖCKE/STARTING BLOCKS



BESTZEIT/BEST TIME: VCM = Marathon | HM = Half Marathon | Staffel = Relay

Block 1: VCM < 03:10 | HM < 01:40 | Staffel < 01:20

Block 2: VCM 03:10–04:00 | HM 01:40–01:50 | Staffel 01:20–01:30

Block 3: VCM 04:00–04:30 | HM 01:50–02:10 | Staffel 01:30–01:40

Block 4: VCM 04:30–05:00 | HM 02:10–02:40 | Staffel 01:40–01:50

Block 5: VCM > 05:00\* | HM > 02:40\* | Staffel > 01:50\*

Block 6: VCM > 05:00\* | HM > 02:40\* | Staffel > 01:50\*

\* inkl. Teilnehmer ohne Zielzeitangabe/incl. runners without a target time

Starten Sie nur aus jenem Startblock, der auf Ihrer Startnummer angegeben ist!  
Please choose the correct starting area as indicated on your starting bib!



Abgabe der Garderobe bis spätestens 08:50 Uhr  
Clothes transportation until 08:50 a.m. at the latest